

# Crumbs Kitchen

## \* Breakfast \*

### Best way to start the day

Best Way To Start The Day

\*\*\*

#### FRESH FRUIT SALAD

Per portion / £4.25

Add Yoghurt / £0.60

#### SELECTION OF CEREALS

Per portion / £4.25

Add Yoghurt / £0.60

#### PORRIDGE OATS

with cinnamon and banana

£ 5.50

#### PORRIDGE OATS

with fresh fruit

£ 5.50

#### HOME MADE AMERICAN STYLE HASHBROWNS

with 2 fried eggs (contains garlic)

£ 7.00

Makes  
-EVERYTHING-  
better

#### VEGAN BREAKFAST

Vegan sausage, hash browns, beans,  
mushrooms, tomatoes, toast.

£ 9.50

### Morning favourites

\*\*\*

#### POACHED EGGS ON CHUNKY GRANARY TOAST

£ 6.25

#### SCRAMBLED EGGS ON CHUNKY GRANARY TOAST

£ 6.00

#### SCRAMBLED EGGS WITH SPINACH ON CHUNKY GRANARY TOAST

£ 6.50

#### CHESTNUT MUSHROOMS ON CHUNKY GRANARY TOAST

£ 5.50

#### BEANS ON CHUNKY GRANARY TOAST

£ 5.50

#### CHEESE ON CHUNKY GRANARY TOAST

£ 5.50

#### CHESTNUT MUSHROOMS ON TOAST

Topped with Poached Eggs

£ 6.95



#### CRUSHED AVOCADO ON TOAST

Topped with Poached Eggs

£ 7.25

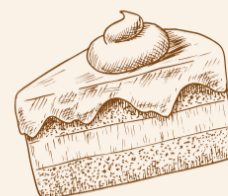
#### CRUSHED AVOCADO ON TOAST

Topped with Tomato and Balsamic  
Dressing

£ 6.95

#### CHUNKY GRANARY TOAST WITH JAM OR MARMALADE

£ 2.45



enjoy

# Crumbs Kitchen

## \* Lunch \*

### *Soups (all homemade)*

\* \* \*

#### CHUNKY VEGETABLE

Eat In / £5.10  
Take Away / £4.65

#### LEEK & POTATO

Eat In / £5.10  
Take Away / £4.65

#### SOUP OF THE DAY

See the board for current flavour...

Eat In / £5.10  
Take Away / £4.65

### *Hot food*

\* \* \*

#### PIES

(various)  
Eat In / £5.25  
Take Away / £4.25

*Makes  
-EVERYTHING-  
better*

#### QUICHE

(various)  
hot or cold  
Eat In / £5.25  
Take Away / £5.25

#### VEGETABLE CURRY

Eat In / £7.95  
Take Away / £6.75

#### CHILLI

Eat In / £7.95  
Take Away / £6.75

#### HALF PINT CHILLI

Eat In / £7.95  
Take Away / £6.75

#### PANINIS

(all fillings)  
£ 9.50

### *Jacket potatoes*

\* \* \*

#### PLAIN WITH BUTTER

Eat In / £4.60  
Take Away / £3.95

#### MATURE CHEDDAR CHEESE

Eat In / £6.75  
Take Away / £6.25



#### PLAIN COTTAGE CHEESE

Eat In / £6.75  
Take Away / £6.25

#### COTTAGE CHEESE & PINEAPPLE

Eat In / £6.85  
Take Away / £6.35

#### COTTAGE CHEESE WITH ONIONS & CHIVES

Eat In / £6.85  
Take Away / £6.35

#### BAKED BEANS

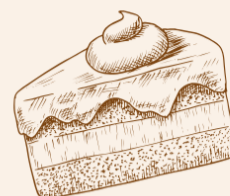
Eat In / £6.75  
Take Away / £6.25

#### TUNA MAYO

Eat In / £7.95  
Take Away / £7.45

#### HUMMUS

Eat In / £6.75  
Take Away / £6.25



*enjoy*

# Crumbs Kitchen

## \* Lunch \*

### Jacket potatoes

\* \* \*

#### THREE BEAN CHILLI

Eat In / £7.95

Take Away / £7.45

#### VEGETABLE CURRY

Eat In / £7.95

Take Away / £7.45

### Salad

\* \* \*

#### SMALL BOWL

Eat In / £5.05

Take Away / £4.55

#### STANDARD BOWL

Eat In / £6.75

Take Away / £6.50

#### INDIVIDUAL ITEMS

£ 1.95

Makes  
-EVERYTHING-  
better

#### EXTRA SALAD DRESSINGS

£ 0.40

### A little more filling

\* \* \*

#### VEGETABLE CURRY WITH BROWN RICE

Eat In / £7.95

Take Away / £7.45

#### THREE BEAN CHILLI WITH BROWN RICE

Eat In / £7.95

Take Away / £7.45

ADD CHEESE / £0.75

#### HALF PINT OF CHILLI TOPPED WITH CHEESE

Served with bread

£ 7.95

#### QUICHES & PIES

Please ask for our selection of  
today's delicious choices.

Eat In / £5.25

Take Away / £4.75

#### MEDITERRANEAN TARTLETS

£ 4.95



## Desserts

\* \* \*

#### SELECTION OF VEGAN CAKES

£ 3.25

#### BROWNIE

£ 3.25

#### TOASTED TEACAKE

£ 3.25

#### FLAPJACK

£ 3.25

#### FRESH FRUIT SALAD

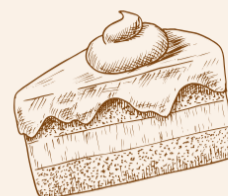
£ 3.75

## Extras

\* \* \*

#### COTTAGE CHEESE (PLAIN)

£ 1.25



enjoy

# Crumbs Kitchen

## \* Lunch \*

### Extras

\* \* \*

COTTAGE CHEESE WITH ONION &  
CHIVES

£ 1.25

COTTAGE CHEESE WITH  
PINEAPPLE

£ 1.25

EGG WITH MAYO

£ 1.25

BOILED EGG

£ 0.85

BEETROOT & ONION

£ 0.85

NUTS

£ 0.45

RAISONS & SULTANAS

£ 0.45

GOLDEN LINSEED

£ 0.45

PUMPKIN SEEDS

£ 0.45

SUNFLOWER SEEDS

£ 0.45

HUMMUS

£ 0.95

SALAD

(per portion)

£ 1.95

BREAD

Hand Cut Granary

Eat In / £1.35

Take Away / £1.15

Makes  
-EVERYTHING-  
better

# Crumbs Kitchen

## \* Drinks \*

### Hot drinks

Delicious selection of herbal teas  
and coffee.

\* \* \*

#### FILTER COFFEE

Regular / £2.50  
Large / £2.85

#### DECAF COFFEE

Regular / £2.95  
Large / £3.30

#### CAPPUCCINO

Regular / £2.95  
Large / £3.30  
with Soya extra / £0.45

#### LATTE

Regular / £2.95  
Large / £3.30  
with Soya extra / £0.45

#### AMERICANO

£ 2.95

Makes  
-EVERYTHING-  
better

#### ESPRESSO

Single / £1.95  
Double / £2.45

#### MOCHA

£ 3.95

#### FLAT WHITE

£ 3.95

#### HOT CHOCOLATE

Regular / £3.50  
Large / £4.00

#### HOT CHOCOLATE WITH CREAM

Regular / £3.65  
Large / £4.50

#### CHAI LATTE

£ 3.95

#### MUG OF TEA

£ 2.15

#### POT OF TEA

For 1

£ 2.95

#### POT OF TEA

For 2

£ 4.25

#### DECAF TEA

£ 2.45



#### EARL GREY

£ 2.45

#### HERBAL TEA (VARIOUS)

£ 2.45

### Chilled drinks

Put some caption about fresh juice  
etc

\* \* \*

#### CARROT & APPLE JUICE

£ 3.75

#### FENTIMANS

£ 3.25

#### STILL WATER

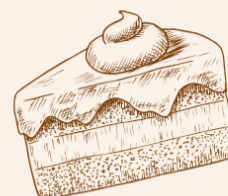
£ 1.50

#### SPARKLING WATER

£ 1.50

#### CANNED DRINKS

£ 2.10



enjoy

# Crumbs Kitchen

## \* Drinks \*

### Chilled drinks

Put some caption about fresh juice  
etc

\* \* \*

#### APPLE JUICE

Small / £1.50

Large / £2.25

#### CRANBERRY JUICE

Small / £1.50

Large / £2.25

#### FRESH ORANGE JUICE

Freshly squeezed on request

£ 3.75

#### KOMBUCHA

Kombucha is a fermented, lightly  
effervescent, sweetened black tea  
drink.

£ 3.25

#### KEFIR

Kefir is a fermented milk drink  
similar to a thin yogurt or ayran  
that is made from kefir grains, a  
specific type of mesophilic  
symbiotic culture.

£ 3.25

#### APPLETISER

£ 3.95

Makes  
-EVERYTHING-  
better